



June -The Month of glorious Achievers

"Long about knee-deep in June,
'Bout the time strawberries melts
On the vine."

- James Witcomb Piley



Exemplars of Success

Excellence is our benchmark in every field and our students outshine year after year in the University results. With constant focus on academics we strive to imbue and develop our students into ideal graduates.



Swapandeeep Kaur
M.Sc.(Botany) Sem-IV



Manisha
M.Sc.(BIF) Sem-IV



Priyanka Bhargav
M.Com Sem-IV



Priya
M.A.(Hindi)



Dipika Mehra
B.Voc.(Web Tech. & MM) Sem-IV



Diksha
BMM Sem-IV



Anjali Dhall
M.Sc.(BIF) Sem-II



Priyanka
PGD Cosmetology Sem-II



Bhavika Garg
M.Sc.(Botany) Sem-II



Sumandeeep Kaur
B.Sc.(BT) Sem-II



Natisha Trehan
Dip. Councelling Sem-II



Rafia
B.A. Sem-II



Somya
B.Voc.(Banking & Fin.) Sem-II



Charanjit Kaur
M.A.(MI) Sem-IV



Gunjan Kapoor
M.A.(MV) Sem-IV





Sukhmeet Kaur
B.A.(Hons) Psy Sem-IV



Neetu
B.Voc.(Banking&Fin.) Sem-IV



Akanksha Vig
B.Com(Prof) Sem-VI



Ashmita Singh
B.Sc.(IT) Sem-VI



Gurneet Kaur
B.Com.(Hons)Sem-VI



Akriti
B.A.(Hons)PsySem-VI



Gurneet Kaur
B.A.(Hons) Pol.Sc. Sem-VI



Amrit Kaur
B.A.(Hons)Eng. Sem-VI

SECOND POSITIONS



Mandeep Kaur
M.Sc.(BIF) Sem-II



Satnam Kaur
M.A.(MI) Sem-II



Amandeep Kaur
M.A.(MV) Sem-II



Manisha Kapoor
PGD Garment Const. Sem-II



Shabnam
M.Sc.(CS) Sem-II



Richa Talwar
M.A.(Hindi) Sem-II



Chahat Sood 5804
PGD Cosmetology Sem-II



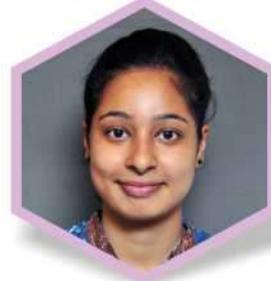
Pawandeep Kaur 9414
MSc.(Botany) Sem-II



Vaasvi Amar
BBA Sem-II



Priya Ralhan
M.A.(Pol. Sc.)Sem-II



Ritu Batra
B.Sc.(IT) Sem-II



Rashmi Aggarwal
PG Diploma in Councelling Sem-II



Sunali
B.Voc(Banking & Fin.)
Sem-II



Renuka Sondhi
M.A.(MI) Sem-IV



Himani
M.A.(Eng) Sem-IV



Jaspreet Kaur
M.Sc.(Botany) Sem-IV



Smily
B.Voc (Web Tech.& MM)
Sem-IV



Harjot Kaur
B.Sc.(BT)
Sem IV



Babneet Kaur
M.Sc.(BIF)
Sem-IV



Nisha
M.Sc.(BIF)
Sem-IV



Mehak Dogra
B.Com (Hons.) Sem-IV



Bindia Garg
B.Com (R) Sem-IV



Manpreet Kang
B.Com (Hons.) Sem-IV



Supreena
B.Voc (Web Tech.& MM) Sem-IV



Nitasha Sehgal
B.A.(Hons) Psy. Sem-IV



Gulfam
B.Com (Prof.) Sem-IV



Priya 1235
B.Voc (Banking & Fin.) Sem-IV



Gursirat Kaur
B.A.(Hons) Psy. Sem-VI



Savita Rani
B.A.(Hons) Hindi
Sem-VI



Kamna Kapoor
B.Com (Prof.)
Sem-VI



Rimpay Mehmi
B.Sc.(IT)
Sem-VI



Navdeep Kaur
BCA Sem-VI

THIRD POSITIONS



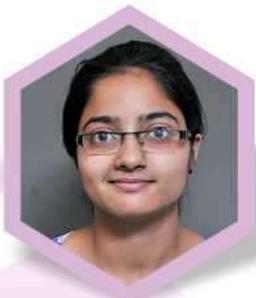
Samta Sahni
B.Sc.(IT) Sem-II



Bhawna Gulati
M.Com Sem-II



Naina Narang
M.Com Sem-II



Shivani Sharma
B.Com(R) Sem-II



Amanpreet Kaur
B.Voc (Banking & Fin.)
Sem-II



Amrit Kaur
B.Voc (Banking & Fin.)
Sem-II



Amita Charak
PG Dip. Councelling
Sem-II



Rajni Bala
PG Dip.Councelling
Sem-II



Yogita
M.Sc.(Botany)
Sem-II



Deepika Chandel
M.Sc.(Botany) Sem-II



Tanvi
M.Sc.(BIF) Sem-II



Navneet Kaur
B.Com(Hons) Sem-IV



Bindia Garg
B.Com(Hons) Sem-IV



AnuGirdhar
B.Com(Hons) Sem-IV



Kanika Sharma
B.Sc.(Med)
Sem-IV



PreetyKumari
B.Voc (Banking & Fin.)
Sem-IV



Anju
B.Voc (Banking & Fin.)
Sem-IV



Gurneet Kaur 6001
B.A. Sem-VI



Shivani Lakhani Pal 3441
BBA Sem-VI



Alisha Jain 6614
B.Sc.(FD)Sem-VI



Richika Dogra
B.A.(Hons) Psy. Sem-VI



Neha Verna
B.A.(Hons) Pol.Sc. Sem-VI



Saloni Chaubey
B.Com (Hons) Sem-VI



Aanchal Mittal
B.Com(R) Sem-VI



Our Beacon of Light

Conferred with the Award of Best Principal and Award of Appreciation and honoured by Indian Red Cross Society for donating blood 20 times, Principal Dr. Mrs Ajay Sareen is an epitome of unparalleled dedication, monumental achievements and commitment to the cause of education. She has a number of memberships and honours to her credit.

- ◆ President of Indian Olympic Association, Punjab
- ◆ NAAC PEER Team Assessor since 2012
- ◆ Observer for UGC NET Examination since 2010
- ◆ Observer All India Pre Medical/Pre Dental Entrance Exam

Prestigious Member of:

- ◆ Sub Committee to Court Management System by Punjab & Haryana High Court
- ◆ Advisory Committee of College Development Council
- ◆ Academic Council
- ◆ Advisory Committee, Youth Welfare Department
- ◆ Examination & Evaluation Committee, GNDU Amritsar
- ◆ Principal's Federation, Punjab
- ◆ Punjab State Legal Services Authority, Department of Legal & Legislative Affairs, Government of Punjab
- ◆ District Level Monitoring Committee of Information and Broadcasting Department, Government of India
- ◆ District Community Services of Police, Batala
- ◆ District Anti Ragging Committee
- ◆ District Police Advisory Committee
- ◆ Association of Indian College Principals
- ◆ Finance Secretary, Principal' Association GNDU wing
- ◆ Executive Member, Sports Committee, GNDU Amritsar
- ◆ Life Member DAV College Trust & Management Society, New Delhi
- ◆ President ,Arya Samaj, College Vibhag, Batala
- ◆ Manager/ Member of LMC's of 21 DAV Institutions of Batala, Gurdaspur, Pathankot, Amritsar, Qadian, Bheri, Kalanaur and Dasuya

Crème de la Crème

Memberships held by Faculty Members

Dr. Meenakshi Sayal	Member of Board of Studies, GNDU Amritsar Member of Academic Council, GNDU Amritsar Executive Member of Indian Association of Physics Teachers
Dr. Adarsh Khanna	Member of Board of Studies at PG level, GNDU Amritsar Member Moderation Committee, GNDU Amritsar
Mrs. Jyoti Kaul	Member Faculty of Sciences, GNDU Amritsar
Dr. Kanwaldeep Kaur	Member Faculty of Economics & Business Member Moderation Committee, GNDU Amritsar
Mrs. Chandrika	Member Faculty of Economics & Business Member Board of Moderation, GNDU Amritsar Member Board of Studies, GNDU Amritsar
Dr. Meena Sharma	Member PG Board of Studies, Department of Botany and EVS Member Moderation Committee, GNDU Amritsar Member Life Sciences, GNDU Amritsar
Dr. Ashmeen Kaur	Member Board of Studies UG Level, GNDU Amritsar
Dr. Sangeeta Arora	Member Board of Studies, GNDU Amritsar Member Faculty of Engg. & Technology
Ms. Shama Sharma	Member Faculty of Visual Arts & Performing Arts
Dr. Anjana Bhatia	Member PG Board of Studies, Department of Botany and EVS Member Moderation Committee, GNDU Amritsar Member Board of Studies, Khalsa College Amritsar
Mrs. Neety Sood	Member of Board of Studies in Home science Common Board Member of Faculty of Sciences
Mrs. Sunita Dhawan	Member of Board of Studies, GNDU Amritsar
Dr. Seema Marwaha	Member of Board of Studies (UG), GNDU Amritsar
Mrs. Archana Kapoor	Member Academic Council
Dr. Rama Sharma	Member of Board of Studies (UG, PG), GNDU Amritsar

The Scintillating Month of July



"The Summer looks out
from her brazen tower,
Through the flashing
bars of July."

Francis Thompson



July 13

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The Scintillating month of July

A Pious Beginning



The pious Havan ceremony to seek the divine grace of the Almighty followed by an Orientation programme marked the commencement of the new academic session at H MV, an institution where the best of tradition gets blended with the promising present. Principal Prof. Dr. (Mrs) Ajay Sareen motivated the students to incorporate values as prescribed by Vedic scriptures and emphasized on the need of focusing on academic excellence.

Winning is our habit



Km. Simranpreet Kaur represented Indian Judo team in World School Games held at Turkey from 11th to 18th July, 2016 organized by International Sports Organization.

July 7, 2016

Dr. Meenakshi Sayal, Head, Department of Physics, participated in live TV programme 'Gallan Te Geet' on Skill Development Courses about Community College under Pradhan Mantri Kaushal Vikas Yojana.

July 13, 2016

Mrs Urvashi Mishra, Assistant Professor in Computer Science attended Refresher Course in Information Technology from June 23 -July 13, 2016 at Human Resource Development Centre at Guru Nanak Dev University Amritsar

July 14, 2016

Dr. Meenakshi Sayal, Head, Department of Physics, acted as Paper setter of PhD entrance exam of Sant Baba Bhag Singh University.

July 14

Being Money Wise

A seminar on Income Tax was organized by the Department of Commerce. Resource person Mr. S.S. Saini I.T.O. (TDS) Jalandhar and Inspector Mr. Vipin Uppal unfolded the rigmarole of taxation system and the provisions of TDS and TCS.



Dr. Nidhi Kochhar published a paper on Adhunik Parivesh mein 'Adivasi Jeevan sangharsh' in the book **Adivasi Sahitya Vibhin Paripeksh.** ISBN 978-93-83338-30-6

July 15

Success is a journey, not a destination



Km. Simran Dhiman represented Indian Badminton team in 3rd Indo Nepal Badminton Tournament held at Nepal from 15th July to 25th July, 2016 organized by Youth Rural Game & Sports Committee, Nepal and won Silver Medal.

July 14

Mrs. Aruna Walia, Dept. of Music is honored with an award in the field of Music Vocal and Instrumental by Rashtriya Manwadhikar Ayog, a recognized National body of India

July 16

Mrs. Cheena Gupta, Department of Fashion Designing acted as a subject expert for selection of candidates at RR Bawa DAV College, Batala.

July 17

Dr. Meenakshi Sayal, Head, Department of Physics, acted as subject expert at R.R. Bawa DAV College, Batala

July 24

NCC cadets attended CATC Camp at Malout from 24 July to 2 August, 2016

July 25

3-Day Workshop

Three day workshop on Accessories Designing using material like ribbons, bows was conducted by the Department of Designing under the supervision of Ms. Beenu.

July 26

Winners on the move

HMV Girls Tops in NGPE – 2016 Exam

Ms. Harsimran, Ms. Davinder Kaur and Ms. Kirti Minhas of B.Sc. VI Sem bagged State topper ranks from among 11535 candidates in National Graduate Physics Examination 2016 conducted by Indian Association of Physics Teachers to promote research and competitive exams.

Research Corner

Ms. Sonia Mahindru, Department of Computer Science published a book entitled **A Text Book of Scripting Languages, Web Designing and Uses of Internet** ISBN-978-93-272-6772-3.

Mrs. Sunita Dhawan, Department of Sanskrit edited a novel titled **Parvaaz**. She also presented a Research paper on 'Indira Gandhi ki Vishav Rajniti mein Sakriyeta' in a magazine published by Shanti Devi Arya Mahila College Dina Nagar.

Mrs Yuvika, Department of Commerce, published a paper titled 'Corporate Social Responsibility: A Comparative study on Reporting Practices of top 5 banks in India' in the Indian Journal of Commerce Vol 69, No3

Dr. Anjana Bhatia, Department of Botany published a paper 'Functional Characterization of Casbene Synthase Protein in Some Species of Euphorbiaceae' in International Journal of Emerging Research in Management & Technology ISSN:2278-9359 Vol.5, Issue 7

Ms. Shallu Batra, Department of Economics acted as a Resource Person for two sessions in Faculty development Programme on 'Research Methodology and Tools for Data Analysis' at DAV University, Jalandhar on 27 July. She discussed about 'Regression' and 'Analysis of Variance'.

Mrs. Jyotika Minhas, Department of Economics, published a paper titled "Employee Engagement : A Requisite for Boosting Innovation and High Performance in Indian Journal of Applied Research Vol 6, Issue 7, Pg 29-31. ISSN 2249-555X. She also contributed a chapter titled "Transformation of Rural employment in India: Impact of globalization (1983-2012)" in the book titled **Ruralization to Globalization : Challenges and Changing Trends in Higher Education**, published by DK Publishers, New Delhi. ISBN 978-93-80397-64-1

The Gleaming month of August

"That August time it was delight
To watch the red moons wane to white."
Algernon Charles Swinburne



August 1

Planting Trees

15

The Gleaming month of August



Saving the Planet

Dr. Sushma Chawla, Principal Dr. Mrs. Ajay Sareen and members of Environment Club planted tiny saplings in the campus reminding the students of their responsibility to be good stewards of the Earth.





August 3

Sports is our strength

HMV won Sr. State Power Lifting Championship

Power Lifting team of Hans Raj Mahila Maha Vidyalaya represented Jalandhar District in Senior State Power Lifting Championship held at Samrala in July 2016 and won the championship. Sarbjeet Kaur won Gold Medal in 57 kgs, Manpreet Kaur won Gold Medal in 84 kgs, Amanpreet Kaur won Silver Medal in 72 kgs, Karamjeet Kaur won Bronze Medal in 84 kgs and Pardeep Kaur won Bronze Medal in 47 kgs.

August 4

NCC enrollment camp was organized by NCC Army wing to enroll new cadets.

August 5

Expanding Horizons

Simran Dhiman, Badminton Player of Hans Raj Mahila Maha Vidyalaya participated in 3rd National Rural Games 2016 held at Sirsa, Haryana and got First prize. Simran had also participated in 3rd Indo-Nepal Youth Rural Games 2016 held at Pokhran (Nepal) and got second position.

Research Corner

Mrs. Saloni Sharma, Department of Physics attended short term course on Advances in Material Science and Material Engineering from 8 to 14 August, 2016 at BR Ambedkar NIT, Jalandhar.

Mrs. Rakesh Uppal, Department of Physics, attended TEQIP-II sponsored one week short term course on Advances in Material science and Material Engineering from 8 Aug to 14 Aug at BR Ambedkar NIT, Jalandhar.

Dr. Meenakshi Sayal, Head, Department of Physics, participated in Workshop of B.Voc Curriculum organized by BFSI Sector Skill Council of India and National Skill Development Corporation at Mumbai on August 12.

Mrs. Gagandeep, Head, Department of Mathematics acted as a member of Selection Committee for Post of Assistant Professor at SBBS University

August 8

10 day Summer Course on Medical Textiles and Tissue Engineering

Dr. Rakhi Mehta and three students of B.D. (Textile Design) Harsh, Navroj and Prabhdeep attended a ten days International Summer Term Course on Medical Textiles and Tissue Engineering organized by Department of Textile Technology, Dr. B.R. Ambedkar National Institute of Technology, Jalandhar from 20th to 30th July, 2016. The course was organized under MHRD Scheme 'Global Initiative for Academic Networks (GAIN)'. The candidates got themselves registered through GAIN portal of IIT, Khargpur. Faculty and students of HMV interacted with the speakers from University of BOLTON, UK, IIT Delhi and NIT, Jalandhar. This course was aimed at contributing towards the world of textiles and for creating a niche for successful career.

August 9

Scholarships given under Community College Scheme of UGC



What sculpture is to a block of marble, education is to the human soul

Principal Dr. (Mrs.) Ajay Sareen distributed Scholarships to the students of one year Diploma in Journalism and Media under Community College scheme of the UGC. Head of Mass Communication Department, Mrs. Rama Sharma said that Jalandhar is the hub of media industry and this course makes the students capable enough to do jobs in media industry. Under this course, Photojournalism, Radio Production and TV Production are taught to the students

August 11

Havan Yajna at Arya Samaj Bikrampura



Havan Yajna was performed at Arya Samaj Bikrampura by Hans Raj Mahila Maha Vidyalaya under the directions of Principal Dr. (Mrs.) Ajay Sareen. The students, teachers and non-teaching staff members participated in the Havan.

August 12

M.Sc. FD students were taken for Market survey to Jalandhar markets for research on kids apparels.

August 13

Small cheer and great welcome makes a merry feast. The English Department organized a Fresher Party for the PG students of the department. Principal Dr. (Mrs.) Ajay Sareen extended a warm welcome to the students and encouraged them to maintain the tradition of excellence in academics as well as extra-curricular activities. The party manifested zeal and exuberance to the full. The students put forth an entertaining cultural extravaganza and enthralled the audience. The crown of Ms. Fresher and title of Helen was won by Ms. Priyanka of M.A. I Sem. Ms. Vimaljot became the 1st Runners up and was honoured with the title of Cleopatra. The 2nd runners up Ms. Vinita was accorded the title of Elizabeth and the title of Ms. Charming was given to Ms. Damanjeet.





August 14

Workshop on Communication Skills and Personality Development by Stuti Singhania under Career Counseling



August 16

Independence Week

The unit of NCC celebrated Independence week from 16 August to 23 August. A series of activities were organized under the banner.

- Patriotic poem writing competition on 20 August

- The whole college echoed with the reciting of National Anthem on 22 August
- Poster making competition on 23 August
- Card making, singing competition on 23 August

August 17

GOING GREEN



HMV celebrates Rakhi in a unique style

The Environment Club of Hans Raj Mahila Maha Vidyalaya has taken a step forward towards making the college environmentally and socially advantageous to the region by organizing organic Rakhi event. HMV is a polythene free green campus and steps are

being taken to make it an organic zone.

Organic Rakhis which were made by rural and tribal women were given to the students to celebrate Raksha Bandhan. Each Rakhi was made from organic cotton and dyed using natural dyes. Further, the Rakhis contained a seed to be planted after using them. The Rakhis were brought by social worker, Ms. Lipika.

August 18

Rock n Roll Cultural Bonanza

The campus echoed on a jubilant note with an exciting line up of competitive events like Quiz, Debate, Declamation, Poetry, Fine Arts, Photography, Giddha, Dance, Singing, Music Instrumental, Phulkari, Rangoli, Theatre on the noon of 18 August. The atmosphere was charged with vigour and enthusiasm of the participants. The students put up their exhilarating performances and mesmerized the audience.



August 20

A Day for health



Zoology Department organized one day Health Awareness Camp to check Blood Sugar & Blood Pressure. Dr. Seema Marwaha, Head of Department told about the importance of having normal BP and Blood Sugar and emphasized the importance of regular check ups. About 150 members got their BP and blood sugar checked in the camp. Principal Dr. Ajay Sareen appreciated the efforts of the department and encouraged the students and teachers to organize such activities in future also.

August 23

Two day workshop by Usha International Sewing Machines was organized, demonstrating the latest models to the students of Fashion Designing.

August 24

A Pleasure Jaunt

One Day Educational Tripto Department of Physics, GNDU Amritsar was organized by the Physics Department.

August 27

Enjoying a Spree

Students of B.Sc. FD were taken on an industrial trip to Yarn Plus Ludhiana to acquaint them with the process of making yarns.

Book Shelf

Dr. Nitika Kapoor, Department of Botany, published a chapter titled "Selenium: An Antioxidative Protectant in Plants under Stress in the book titled **Plant Metal Interaction : Emerging Remediation Techniques** published by Elsevier ISBN 978-0-12-803158-2



Chandrayaan Vipnet Club of Physics Department organized Inter-class competitions to mark the celebration of International Year of Pulses. Scientific Rangoli, Power point presentation and Poster/Model Making competitions were organized.

August 25
Janamashtami
celebrations in
the hostel



August 27
Computer Tech Fest



Computer Club of PG Department of Computer Sc. & IT organized Computer Tech Fest 2016. A total of 9 events were organized in a week namely Paper Presentation, IT Quiz, Logic Development in C and C++, Web Development, IT extempore, Net Savy, One Act Play and Group Dance. The title of Miss Tech Fest PG was given to Navjot Kaur and Miss Tech Fest UG was awarded to Shalini.

Department of Sanskrit organized a declamation and poetical recitation competition on preaching and importance of Vedas.



August 28

Neem Gifting Activity

Environment Club of Hans Raj Mahila Maha Vidyalaya organized a "Neem Gifting Activity". The students of Environment club created awareness regarding the growing pollution and diseases associated with the food habits of modern day Indians and gifted more than two hundred neem seeds to staff and students. Speaking on the occasion Dr. Anjana Bhatia, Secretary Environment Club said that Punjab is facing dire problem of rising pesticide content in the food crops. The best solution is to use biopesticides like Neem which are eco-friendly, useful and easily available.



August 31

**Nature
Carnival**



**DBT sponsored
Nature Carnival
organized at HMV**

PG Department of Botany organized one day DBT sponsored Nature Carnival under the mission 'Our Dream, Go Green'. Events like plant variety show, photography and slogan writing were organized in which more than 350 students from different schools and colleges participated. On this occasion, the Department (FIST-DST sponsored) formally announced the formation of G.B. Pant Botanical Society headed by Dr. Meena Sharma and Secretary Dr. Shaveta Chauhan.





The sparkling month of September

"By all these lovely tokens
September days are here,
With summer's best of weather
And autumn's best of cheer."

Helen Hunt Jackson



MAHARAJA RAJ MAHILA MAHA VIDYA
Mahatma Mansa Raj Marg, Jalandhar
First college in North India with the status of College of Excellence by UGC
The College Status Conferred by D.E.T., (Govt. of India)
Re-accredited A Grade with 3.00 Score by NAAC in 2015

R. Venkataraman Chemical Society
Organizes
An Awareness Rally
on
World Cancer free Day
(September 22, 2016)
DBT Sponsored
Ministry of Science and Technology, Govt. of India

September 1

A Caravan of Words



The editorial team of 'Akhar' magazine, Sh. Vishal, Dr. Vikramjit, Sh. Inderjit, Sh. Tirlochan and Sh. Jagjit along with Shiromani Punjabi Poet Sh. Gurbhajan Gill were honoured by Principal Dr Ajay Sareen and Punjabi Sahit Sabha.

September 2

Bidding Farewell



Head of Home Science Department Mrs. Sunita Saggi successfully completed 38 years of her glorious services with Hans Raj Mahila MahaVidyalaya Jalandhar. Principal Prof. Dr. (Mrs.) Ajay Sareen and other faculty members wished her luck and best of health on her superannuation.

September 3

Sanchetna Diwas

The college organized a Sanchetna Diwas to adorn the students of Student Council and Discipline Committee with Badges. Vice President DAV College Managing Committee Dr. S.S. Khanna graced the occasion as Chief Guest. Member of Local Committee Dr. Surendra Seth was the guest of honour. Principal Prof. Dr. Ajay Sareen presented the Dhvaj to Sh. S. S, Khanna ji, and also gave a new slogan, 'Beti Bachao, Beta Padhao' on the occasion.



A Motivational Seminar

R. Venkataraman Chemical Society organized a DBT sponsored motivational seminar on the topic Never Give Up. Resource person Dr. Umesh Arya from Guru Jambheshwar University, Hisar emphasized that it's better to overlook things that cannot be corrected, instead focus upon new goals, regaining confidence and enthusiasm and give all your energy to achieve this goal.

He practiced different techniques like deep breathing, meditation and hypnotizing session and tried to clear the heart and mind of students of negative feelings and guilt and rejuvenated them with positive energy.





September 5

New Looks

Named as "Swami Dayanand Library" and comprising of air-conditioned reading rooms with a capacity to accommodate 300 students, the renovated library of Hans Raj Mahila Maha Vidyalaya breathed into a new life with its inauguration. The library is now a digital library with open access system and an infibnet facility. It

has a "Peace Zone" for meditation purpose and an AC reading hall for the students.

A Tree Plantation camp was organized by the NCC unit on Teacher's Day



Principal Dr. Mrs. Ajay Sareen participated in 22nd National Conference on Higher Education for bridging the gap between rural and urban India organized by Indian Colleges Forum at Mahla PG Maha Vidyalaya, Jodhpur from 5-7 September

Cadet Surbhi and Sherry attended the Pre Vayu Sainik camp held at NCC academy Ropar from 5 Sep to 14 Sep and got selected for PVSC -II.

September 6

Mrs. Navneeta, Department of Fashion Designing, was invited as a resource person at Khalsa College Amritsar to deliver a lecture on Needle Craft and Knitting techniques.

The career counselling cell organized a workshop on personality development in which Amit delivered a lecture on spontaneous speaking, body language and brain controlling techniques

Haier



September 7

HMV Won Overall Trophy In Technozia – 2016



Hans Raj Mahila Maha Vidyalaya bagged overall trophy in TECHNOZIA-2016, an inter college competition organized by BBK DAV College for Women, Amritsar. Students participated in various events and won first prize in IT Drama, first prize in Webmania, first prize in Group Discussion, first prize in Net Savvy, first runners up in IT Cartooning, first and second runners up in logic whirlpool and second runners up in IT extempore.

September 8

Jashan-E-Milan

The students of Commerce Department organized a Freshers Party for the new students with full zeal and vigour. The students put forth a colourful programme. Such events create a feeling of fraternity and harmony among students.



CV Raman Science Society of HMV organized workshop



C.V. Raman Science Society organized a workshop on Gynecological problems in young girls. Delivering a talk, Dr. Vandana Aggarwal (Mahajan Carewell Hospital) exposed the fact that 19% women population is screened for cervical cancer every year while breast cancer is on the top list in developed countries. However, this cancer can be cured nowadays as vaccination for this is available which can be administered to girls after attaining the age of 9 years. On this occasion, a poster competition on 'Health and Nutrition' was also held.

International Literacy Day celebrated at HMV



Planning Forum, Department of Economics celebrated International Literacy Day. The celebrations were marked by a poster making competition in which students participated with great enthusiasm and showcased their talent and zeal for the spread of literacy drive in the society. The themes related to knowledge, education, literacy and empowerment were artistically presented on colourful

September 10



An uplifting session of Ved Katha Utsav

The soft beats of the hymns and the tender hues of the setting sun offered a perfect ambience to the Ved Katha Utsavin which Mahatma Chetanyamuni Ji highlighted the importance of Havanas and Yajnas relating to their scientific benefits to the environment. Mata Satya Priya Ji recited two poems in the glory of patriotism and great women of the country. Not only a spiritual leader but a writer and an orator, Mahatma Chetanyamuni Ji described the vedic teachings as an epitome of individual right for self- inquiry.

One day lecture cum workshop was organised by Ms. Tanisha from the Department of Fashion Designing on various textures and prints using different colour mediums.

September 12

College achieved a landmark by setting up of Legal Literacy Cell, inaugurated by Sh. R. S. Attri, District and Session Judge-cum- Chairman, District legal Services Authority, Jalandhar. It will prove to be a milestone in creating awareness and providing free legal aid to the girl students.



September 14

At Your Fingertips



Taking a step forward in the direction of globalization, Hans Raj Mahila Maha Vidyalaya launched its own Mobile App, HMV News Mobile App. The App was launched by Vice President DAV College Managing Committee, New Delhi Dr. S.S. Khanna, Mr. Surendra Seth, Member Local Committee and Principal Prof. Dr. Mrs. Ajay Sareen. Speaking on the occasion, Dr. S.S. Khanna said that DAV always strives to provide value based education strongly rooted in Indian Culture and yet matching up with the growing needs of technology and globalization.

September 15

Gulfam and Muskaan Viridi bring laurels to the college

In the Quiz League-2016 (JQL-2016) organized by Jaipuria Institute of Management Noida, Gulfam Viridi and Muskaan Viridi stood first and won a cash prize of Rs.5000/-.



Ms. Mukti Arora, Ms. Bindu Kohli and Ms. Komalpreet, Department of Cosmetology attended one day workshop on hair styling and Make up by hair expert Mr. Abhar Girdhar and Make up artist Mr. Nishant.

September 16

Celebrated Sitar virtuoso Pandit Prateek Chaudhuri in HMV



The audience was teleported into a world of grandeur and magnificence listening to the nimble strokes of the sitar played by Sitar Maestro Pandit Prateek Chaudhuri, Professor University of Delhi and son of Padam Bhushan Pandit Debu Chaudhuri in a 2-day Sitar workshop. He is the successor of Senia Tradition of Mian Tansen and has been ranked as top class artist of India by National Television and Radio. He has performed in front of Bill Clinton, Dr. Abdul Kalam, Smt. Pratibha Patil and in all parts of the world including USA, England, Spain, Italy, Hongkong, Greece, France, Syria, Norway, Canada etc. He has a group named 'Sitar Ecstasy'.

September 17

Jubilant Moments



The Students of Post graduate Departments of Hindi, Political Science and Music organized a freshers party for the new entrants of Semester 1.

September 20



2-day workshop on Hair Rebonding

Cosmetology Department organized 2-day workshop on Hair Rebonding, Smoothing and Keratin treatment by Mr. Asaz, Hair expert and owner of 900 Saloon and Academy.



September 19



Two day creative workshop was organized by Department of Fine Arts to learn the techniques of acrylics. Eminent artist Gurdish Singh Pannu explained the principles of composition and demonstrated the magic of acrylics on canvas.



September 21

One day workshop on experimental Physics in collaboration with Indian Association of Physics Teachers Regional Council Organizes

Dr. NP Saini Head Physics Department, GNDU Amritsar was Chief Guest. National awardee Mr. Jaswinder Singh and Mr. Prem Singh were resource persons.



September 22

Tradition Continues HMV won GNDU Korfball Championship

Korfball team of Hans Raj Mahila Maha Vidyalaya won the GNDU Korfball Championship by defeating BBK DAV College for Women Amritsar with 10/8 score



September 22

Dr. Ashmeen Kaur acted as a Resource person in a workshop organised by UKIERI on 'Human Values and Soft Skill Development in students through curriculum management' at Mehr Chan Polytechnic College, Jalandhar.

Cancer Awareness Rally

R. Venktaraman Chemical Society of Hans Raj Mahila Maha Vidyalaya organized Cancer Awareness Rally to make people aware of this deadly disease and to stress upon the prevention, early detection and cure of the disease. Students participated enthusiastically in this rally and gave message through various posters and charts to raise awareness of cancer to encourage its prevention, detection and treatment.



September 23

Ms. KanuPriya, Department of Computer Science presented a paper "On the Selection of Mobility Optimised Routing Protocol for City Scenario using Multi Interface Car in VANET" at 5th International Conference on Advances in Computing, Communications and Informatics- IEEE at LNM Institute of Information Technology Jaipur.



September 24

Workshop on Robotics by Computer Science and IT Department

August 25



Silver Night celebrated in the hostel

September 25

Dr. PremSagar, HoD Music Vocal gave a Classical Vocal performance at SAM New Delhi

DBT sponsored discourse on Evolution of Bioinformatics and its applications in Medicine organized by the Departments of Zoology and Bioinformatics



September 27

Commerce Bonanza 2016

Commerce Club of PG Deptt. Of Commerce and Management organised Commerce Bonanza 2016. The competitions included Poster making and paper presentation competition on the topic 'India Vision 2020' and 'Make in India', Fancy dress, Pot decoration, flower arrangement, nail art, best out of waste, Rangoli, Business Plan competition, Business Quiz, Brand Logo, Tattoo making, cartooning on the latest political scenario, collage making on e-commerce and Inter-class dance completion. More than 500 students participated in these competitions.



September 27

Installation Ceremony

Principal Dr. Mrs. Ajay Sareen adorned the students of Discipline Committee with their badges in the Installation ceremony. She congratulated the office-bearers and introduced them to the importance of discipline in the journey to success. Mrs. Neety Sood deciphered the word 'Discipline' into beautiful meaning and Mrs. Ramnita Saini Sharda foregrounded the significance of self-discipline and politeness in life.



September 28

Voters Day organized by NSS wing of HMV



The NSS wing and Political Science department collaboratively organized a Voters Day in Hans Raj Mahila Maha Vidyalaya. The students were made aware of the worth of their votes and inspired new voters where inspire to get their voter identities. Dr. Rajiv Kumar, Asstt. Prof. in Political Science acquainted the students with the process of creating new votes.

September 29

Clean INDIA Green INDIA Swacch Bharat Abhiyan

NCC Cadets Vishali, Mandeep, Shweta, Minakshi and Neha attended CATC camp at SBBS university from 19-28 September, 2016. Vishali and Mandeep won first prize in Drill and were selected for RDC. They also won first prize in giddha.



Dr. Seema Marwaha, Head Department of Zoology, attended a Regional workshop 'Research as Pedagogy-A Science Teacher Education Programme (RAP A STEP) at Panjabi University Patiala.



September 30

Mathematical Quiz Competition and Extension lecture

The Department of Mathematics of Hans Raj Mahila Maha Vidyalaya organized Mathematical Quiz Competition and Extension Lecture on Role of Mathematics in Emerging Areas of Technology. The resource person was Dr. Loveleen Kumar Grover, Associate Prof. Deptt. of Mathematics, GNDU Amritsar.

The glinting month of October

"The sweet calm sunshine of October, now
Warms the low spot; upon its grassy mold
The purple oak-leaf falls; the birchen bough
drops its bright spoil like arrow-heads of gold."

- William Cullen Bryant



October 1**Nutrition Fiesta**

Home Science and Fashion Designing Departments of Hans Raj Mahila Maha Vidyalaya organized Nutrition Fiesta. Students from different streams participated in the competition. The topics for salad making, slogan writing and poster making were obesity, junk food and anemia.

October 2**Dress in Style****2-day workshop on Fabric Beautification**

Fashion Designing Department of Hans Raj Mahila Maha Vidyalaya organized a two day workshop on Fabric Beautification. The resource person was Mrs. Ambica Khurana, Asstt. Prof. in Textile Designing from Khalsa College for women, Amritsar. During the workshop, students of Fashion designing learnt about various techniques of surface ornamentation like block printing, screen printing, stencil, macramé knotting etc.

October 5

On the move HMV won GNDU Inter-college Swimming Championship



Hans Raj Mahila Maha Vidyalaya participated in GNDU Inter College Swimming Championship held at GNDU Campus Amritsar and got First position with 113 points. Our student Km. Shivangi was declared Best Swimmer (Women) of GNDU. Principal Dr. Sareen told that Km. Shivangi, Anureeti and Varinder Kaur were also selected for All India Inter University Swimming Championship which will be held at Panjab University Chandigarh.

October 1

Dr. Ekta Khosla, Department of Chemistry, attended a workshop of MHRD on 'Research as a Pedagogical Tool for Science teacher' at Punjabi University Patiala

October 2

Centre for Gandhian Studies and Political Science Department celebrated Gandhi Jayanti. Gandhi Jayanti was also celebrated in the hostel

October 3

NCC cadet Vishali attended RDC at Ropar from 3 October to 10 October and 15 October to 20 October.

October 5

Mrs. Radhika was invited as a resource person to deliver a workshop on designing and presentation skills for the students of M.Sc. and ADFD.

October 7

Students of B.Sc. FD were taken to SP Garments Ludhiana to show them printing techniques



October 4

Educational Trip to Preet Nagar



The students of Punjabi Department visited Preet Nagar, founded by renowned writer Gurbaksh Singh Preetladi. The students also saw two plays "William Tell" and "Mull Di Tiwi" in Balraj Sahni open air theatre. They also visited the house of famous Novelist Nanak Singh.

October 9

"Good is not good when better is expected" HMV won GNDU Badminton Championship



Badminton team of Hans Raj Mahila Maha Vidyalaya participated in Inter-college Badminton Championship organized by GNDU Amritsar and bagged first position.

October 6

The Glinting month of October



Students of Mass Communication and Video Production Department won Antakshari Competition organised by Journalism Department of GNDU, Ladhewali.

October 8

Mrs. Neety Sood acted as subject expert for the post of Assistant Prof in FD at Lyallpur Khalsa College Women Jalandhar.



Poster making and slogan writing

Beautiful posters and inspirational slogans in the memory of Bhagat Singh marked the occasion of poster making and slogan writing competition organized by the Department of History.

October 10

Ten days hobby Classes of Creative Arts & Crafts

The Department of Fine Arts organized ten days hobby classes for the students of B.D., B.F.A. and B.A. Fine Arts to learn creative arts and crafts techniques. Students were given demonstrations on pot painting, stone art, fabric painting and low relief slabs.



October 11

Fashion Wardrobe Seminar on Fabric Study

Fashion Designing Department and Home Science Department of Hans Raj Mahila Maha Vidyalaya organized a seminar on Fabric Study. The resource person was Mrs. Meghna Gupta, Asstt. Professor, Lovely Professional University. The students of Fashion Designing and Home Science Departments attended this seminar. They were acknowledged with valuable information on fabric production from fibre to final finished product. Mrs. Meghna shared her opinions on various fibres and its properties.

October 12

The extra bite One week Campus Recruitment Training Programme

The Career Counselling Cell organized a one week Campus Recruitment Training Programme for the students. The resource person Ms. Stuti from Terra Education, Amritsar demonstrated the students to prepare video resume. She also helped the students in enhancing their communication skills. There were theoretical as well as practical sessions.

October 15**Oath Taking Ceremony**

The volunteers of NCC, NSS and Centre for Gandhian Study participated in an oath taking ceremony under Swachh Bharat Mission. The students took oath for keeping their surroundings clean. On this occasion, NCC and Centre for Gandhian Studies Incharge Dr. Rajiv Kumar addressed the students and encouraged them to contribute in keeping the surroundings and society clean and tidy.



Km. Lidiyamol M. Sunny represented Kerala Cycling team in Senior National Track Cycling Championship from 15th to 18th Oct. 2016 held at UP Aligarh organized by Cycling Association of UP and she won Gold Medal.

October 11

Dr. Prem Sagar, HoD Music Vocal recited Classical Vocal & AIR Jalandhar

October 14

Students attended various camps under the canopy of NCC. UO Mandeep Kaur attended National Camp at Goa from 14 Oct -24 Oct 2016 and won first prize in Group dance

October 17

NCC Cadet Mandeep Kaur attended NIC camp at Goa from 17 Oct. to 28 Oct.

October 18

Dr. Nitika Kapoor presented a paper on 'Oxidative stress management by brassinosteroids in salt stressed Zea Mays seedlings' in International Symposium on Genomic medicine: Personalized care for You and Me at Doaba College Jalandhar.

October 16



Ru-B-Ru

A fresher party 'Ru-B-Ru' was organized by Multimedia Department for freshmen classes of B. Vocational Web Technology and Multimedia and Bachelor of Multimedia. The students participated in various activities showcasing their talent. Miss Himani, Miss Rhea, Miss Gurveen were titled as Miss talented, Miss Elegant and Miss Fresher respectively.

October 18

Dr. Seema Marwaha, Head Department of Zoology, attended International Symposium at Doaba College Jalandhar on the topic 'Genomic Medicine: Personalised Care for You and Me.'

October 20

HMV girls bags first prize of Rs. 5100/-



Students of HMC Collegiate Sr. Sec. School Divya, Pavitra and Sandeep of SSC II participated in Inter School State Level Quiz Competition 'Prativaad' 2016 organized by GNA University Phagwara. In the competition, 50 teams of various schools participated in which HMV students stood first. They were awarded cash prize of Rs.5100/-, individual trophies and certificates.



Stretching the bounds All India Inter University Road Cycling Championship

International Cyclist Lidiyamol M. Sunny of Hans Raj Mahila Maha Vidyalaya represented GNDU Amritsar in All India Inter University Road Cycling Championship held at GNDU Amritsar. She has won two Gold Medals in Mass Start Race and Point Race.

DBT sponsored workshop on Drug Designing & Application of Bioinformatics

The Zoology and Bioinformatics Departments organized DBT sponsored one day workshop on 'Drug Designing &

application of Bioinformatics'. Dr. Amit Nargotra, Senior Scientist, Discovery Informatics Division, CSIR, Jammu and Ms. Priya Mahajan, SRF, CSIR, Jammu graced the day as resource persons. Dr. Amit Nargotra delivered a talk on the topic 'Computational aspect in Drug Designing'. He explained the process of Drug Discovery and told that it is an integrated field which includes various departments like Botany, Zoology, Biotech, Chemistry and Bioinformatics. Ms. Priya Mahajan discussed about various important tools and databases used in drug discovery process. She also gave hands on practice of these softwares to the students.

Dr. Anjana Bhatia presented and published a paper "Contribution of Dr. B. R. Ambedkar in Upliftment of Women" in National Seminar on Economic Development-Dr. Ambedkar Vision organized by Punjab Technical University.

October 22

Media Fest Prix Mosaic 2016

The Multimedia Department of Hans Raj Mahila Maha Vidyalaya organized Media Fest 'Prix Mosaic 2016' in the campus. The chief guest of the inaugural session Dr. Gurvinder Singh, Dean Faculty of Engg., GNDU Amritsar, addressed the students and said that good teachers boost the confidence level of the students. In the valedictory session, Dr. K.K. Rattu, Director Media Studies, DAV University gave prizes to the winners. He appreciated the efforts of Multimedia Department and encouraged the students to participate in such events with more enthusiasm



October 24



Guest Lecture by Dr. Z.N. Patil

The English Department in collaboration with the department of Mass Communication organized a guest lecture on Phonetics and Spoken English by Dr. Z.N. Patil. An effective communicator himself Dr. Patil spoke at length about speaking and listening skills in a very interesting manner, illustrating them with anecdotes and incidents from day to day life. He emphasized on the use of simple language that is easy to understand.

Success is, believing you have never reached the peak

Winners of Zonal Youth festival

In Zonal Youth Festival organized by GNDU Amritsar from 24th – 27th Oct, 2016, Hans Raj Mahila Maha Vidyalaya won Overall First Runners up Trophy. College won 8 first positions in Vaar, Cartooning, Mimicry, Clay Modelling, Rangoli, Phulkari, Quiz and Giddha. 9 second positions in Kavishri, Collage Making, Photography, Painting on the spot, Poster Making, Installation, Folk Song, Debate and Classical Dance. 12 third positions in Group Shabad, Classical Vocal, Mime, Classical Inst. (Non-percussion), Skit, One Act Play, Western Vocal Solo, Western Vocal Group, Folk Orchestra, Group Dance, Poetical Symposium and Elocution.

Workshop on Digital Banking Operations

PG Department of Commerce and Management of Hans Raj Mahila Maha Vidyalaya organized a workshop on Digital Banking Operations for the students of B.Voc. Banking and Financial Services. The students visited the circle office of Punjab National Bank, Jalandhar.



October 25

Workshop on HTML 5 & CSS

A five day workshop on HTML5 & CSS was organized by Department of Multimedia. Mr. Prince Bhatt, delegate from Nimble Technocrat, Jalandhar gave their skilled guiding principles to the foundation classes of B. Vocational (Web Technologies & Multimedia) 1st Sem. and BMM 3rd Sem, where the topics of web technologies were discussed in detail keeping professional aspects in mind. Along with that latest advancement in the latest versions of web technologies including prominent new elements were taught to the class.

October 27

Km. Komal Tiwari represented Haryana Cycling team in Open Junior National Cycling Championship held at Aligarh, UP from 26th to 28th Oct., 2016 organized by Cycling Association of UP and she has won 2 Bronze Medals.

October 28

5-day CAD Workshop on Design Possibilities

Bachelor of Design Department successfully completed 5-day CAD workshop on Design Possibilities in the department for students. Designer Jashandeep Kaur from Amritsar explained the CAD software Wantage Win Jacquard. She explained various possibilities of printing and weaving.

October 31

HMV salutes Sardar Vallabh Bhai Patel

Hans Raj Mahila Maha Vidyalaya holds Rashtriya Ekta Saptah from 31st Oct. to 6th Nov., 2016 to honour the memory of Sardar Vallabh Bhai Patel and thereby becoming a part of nationwide campaign. Department of Political Science organized Unity Run and slogan contests were organized.

October 27

Dr. Nitika Kapoor presented a paper on 'Cross talk of Phyto hormones in salt Zea Mays seedlings' at UGC sponsored National Conference on Recent Advances of Insilico Analysis at LKC Jalandhar

Mr. Harpreet Singh received fourth prize in Poster presentation entitled 'A Molecular dynamics study of Tacy P-1 free and in complex with the Ala -pro dipeptide' at UGC sponsored National Conference on Recent Advances of Insilico Analysis at LKC Jal.

A Trip to Science City was organised for science students on 27 Oct.

October 30

Diwali was celebrated in the hostel Mrs. Jyotika Minhas, Department of Economics presented a research paper titled "Foreign Direct Investment and Economic Growth: Long Run Implications for India" in National seminar on Global Contemporary Issues in Business and Management: Challenges Ahead at Sikh National college Banga.

The dazzling November

The wild gander leads his flock through the cool night, Ya-honk! He says, and sounds it down to me like an invitation:

The pert may suppose it meaningless, but I listen closer, I find its purpose and place up there toward the November sky."

- **Walt Whitman**



November 2

On and On and On



In Inter Zonal Youth Festival organized by GNDU Amritsar from 2nd – 5th November, 2016, college won 3 first prizes in Folk Song, Giddha and Kavishri. 11 second prizes in Phulkari, Rangoli, Debate, Quiz, Vaar, Photography, Landscape, Poster Making, Collage Making, Installation and Cartooning. 2 third prizes in Clay Modelling and Classical Dance.

In addition, the Fine Arts Trophy and Folk Trophy are also won by the college.

A tryst with Science

116 students of Hans Raj Mahila Maha Vidyalaya visited Pushpa Gujral Science City under DBT grant. The students explored the world of science through various setups in science city. Students were thrilled to see the Dino park. They had a glimpse of Jurassic age. They enjoyed 3-D show, Laser show and movie Back to Moon in Dome theatre. They got first-hand information about earthquake by sitting in an earthquake simulator. They also gathered knowledge about global warming in the climate change theatre. The trip was beneficial for students as they explored many new horizons of science and knew about significance of science and technology now a days.

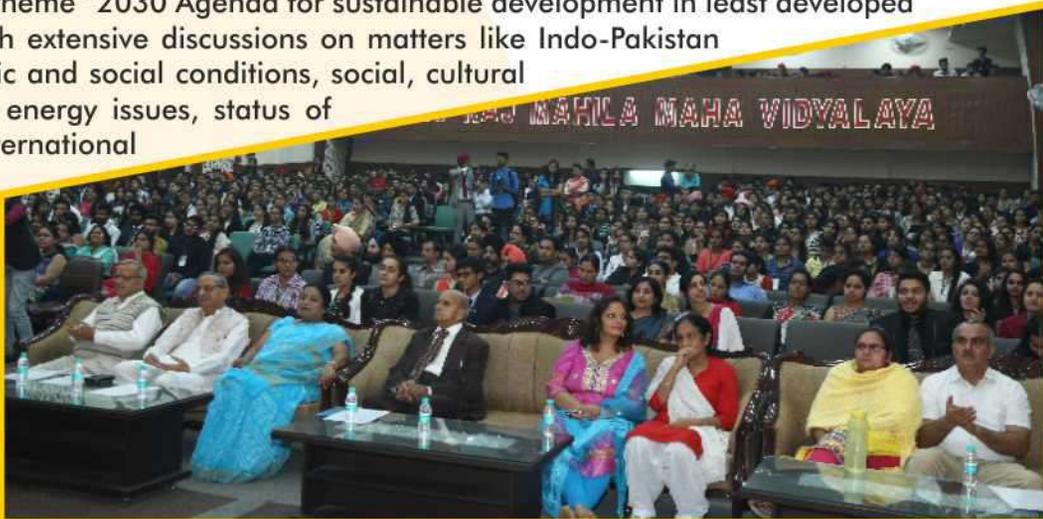
November 4-6

A venture for peace and harmony 3 day Jalandhar chapter of Model United Nations



The phenomenal and thought provoking proceedings of 3-day Jalandhar Chapter of Model United Nations witnessed its inauguration at Hans Raj Mahila Maha Vidyalaya under the able guidance of Principal Dr. (Mrs.) Ajay Sareen on November 4. The maiden venture of organizing an MUN at HMV and a first among Colleges under DAV Managing Committee, received a huge response with around 700-800 delegates registration from every corner of the country.

HMV MUN is recognized by United Nations itself and the certificates bore their official logo. The conference hosted 15 committees to bring out the best debating, diplomatic and leadership skills in the students. It gave a new dimension to the education system. This academic simulation of the United Nations provided a platform to the delegates to voice their opinions on issues of global concern. The conference was based on the theme "2030 Agenda for sustainable development in least developed countries". The delegates put forth extensive discussions on matters like Indo-Pakistan relations, United Nations Economic and social conditions, social, cultural and humanitarian issues, atomic energy issues, status of women, condition of children, international security issues.



November 7

Workshop on Innovate or Evaporate



PG Deptt. Of Commerce and Management organized one day workshop on Innovate or Evaporate. More than 500 students from different schools of Jalandhar and around participated in the workshop. A number of competitions were also held.

November 8

Prize Distribution Function of NCC Army Wing



NCC Army wing organised Prize Distribution function to honour NCC cadets who won trophies in various competitions. Commanding Officer 2nd Pb. Girls Battalion Col. Atul Shah addressed the students and told about the benefits of being an NCC cadet. He also showed a presentation of NCC to the students. On this occasion, more than 35 NCC cadets of HMV were given prizes for their achievements in various NCC camps.

November 9

Faculty Welfare Programme

Hans Raj Mahila Maha Vidyalaya organized Faculty Welfare Programme on Weight Management and Reshape your Shape.

November 5

Dr. Sangeeta Arora HoD Department of Computer Science presented a paper on 'Cryptographic Techniques' in UGC sponsored National seminar on Information and Network Security: Need, Dimensions and tactics at KMV Jalandhar Km. Leelavathi N. represented Karnataka Cycling team in Senior National Cycling Championship held at Aligarh, UP from 5th to 8th November organized by Cycling Association of UP and won silver medal.

November 8

Department of Political science organized a Voter Mela in the campus to motivate the students to use their right to vote.

Ms. Shallu Batra, Assistant Professor Economics delivered an extension lecture on ANOVA and Testing of Hypothesis using SPSS at Guru Nanak College Sukhchainana Sahib, Phagwara.

November 10

NCC Cadets attended CATC camp at Adampur from 10 -19 Nov,2016.

Mrs. Anu Bala, Department of Music recited shabads at AIR Jalandhar

November 10

Stretching the boundaries HMV students Shine in Inter Zonal Youth Festival



The students of Hans Raj Mahila Maha Vidyalaya won 16 prizes out of 17 in Inter Zonal Youth Festival organized by GNDU Amritsar. Hans Raj Mahila Maha Vidyalaya won 3 first prizes, 11 second prizes and 2 third prizes. Principal Prof. Dr. (Mrs.) Ajay

Sareen congratulated Advisor of Youth Welfare Dr. Jasbir Rishi, Dean Mrs. Navroop, Co-Dean Miss Shama Sharma and Mrs. Veena Arora for this achievement. The students won first prize in Folk Song, Giddha and Kavishri. The students won second prize in Phulkari, Rangoli, Debate, Quiz, Vaar Singing, Photography, Landscape, Poster Making, Collage Making, Installation and Cartooning. Clay Modelling and Classical Dance got third position. In addition, the Fine Arts Trophy and Folk Trophy is also won by the students of HMV. The Giddha performance of HMV was highly appreciated by the university authorities.

November 11

Workshop on Banking Software

PG Department of Commerce and Management organized a workshop on Banking Software 'Finacle' for the students of B.Voc. (Banking and Financial Services). The students visited the circle office of Punjab National Bank Jalandhar. Mr. Daljeet Singh, Senior Faculty from Training Institute, Punjab National Bank, Ludhiana explained how Finacle has revolutionized the banking operations by providing a number of products such as account opening, treasury solution, wealth management and at the same time offering core banking solutions by giving practical examples. The workshop ended with interactive session.

November 12

Seminar on "Current developments in Web technologies"

A one day seminar on "Current developments in Web technologies" was organized by Department of Computer Science and Multimedia. Mr. Anshuman Aneja (Founder and director Ansh Infotech, Ludhiana) and Mr. Ashish Jalota (Co-founder of Ansh Infotech, Ludhiana) enlightened the students of BMM, B. Voc web technology and Multimedia, B. Sc IT, BCA and M.Sc. with their knowledge. They had given details about the topic "Internet of Things (IOT)" and "Digital marketing". There was also a practical session about the demonstration on "Raspberry pi 2" tools and its applications. Students showed an overwhelming response to the interesting sessions on smart future devices like smart healthcare, smart buildings, smart cities and smart logistics.



November 9

Overall Trophy of Doaba Fest 2016



The students of Hans Raj Mahila Maha Vidyalaya won overall trophy at Doaba Fest 2016 organized by Doaba College Jalandhar. She told that the team of HMV won first prize in Sufi Kalam, Gazal, Rangoli, Phulkari, Folk Dance, Clay Modelling, Cartooning, Sketching, Skit and Mime. The team won second prize in Folk Song, Installation and Landscape. The college won third prize in Debate, Elocution, Poetry, Mimicry, Still Life Painting, Poster Making and Photography. With so many prizes the team of HMV won overall trophy.

November 14

Guru Nanak Dev Ji's Birthday was celebrated in the hostel

National science Olympiad was organized by Department of Physics for SSC 1 and SSC 2

November 16

Supriya and Manpreet of Commerce stream won third prize in Rangoli at St. soldier Inter Collegiate Competition

November 18

Lecture on Pattern Formation in Physical Systems was delivered by Dr.Sanjay Puri from JNU University

November 15

The INSPIRE Series



Hans Raj Mahila Mahavidyalaya organized five day Inspire Internship Science Camp sponsored by the Department of Science and Technology, Govt. of India from 15th November to 19th November. The five day schedule of the camp comprised of a variety of innovative ways to transfer knowledge about latest

scientific innovations through interactive sessions with luminaries of intelligence and excellence in scientific field. 200 students from about 20 schools of Jalandhar and other districts attended this camp and underwent a series of hands-on practical sessions, demonstrations and workshops. Students were delighted to interact with eminent scientists from the top research and academic institutes from India including Indian Institute of Variable Energy, Tropical Meteorology, Pune, North-Eastern Hill University, Shillong, PGI Chandigarh, National Institute of Immunology, New Delhi, JNU, New Delhi, Nirma University of Science and Technology, Gandhi Nagar, PU, Chandigarh, GNDU. The programme introduced students to working scientists which provided them firsthand information on the subjects. Students also participated in the Essay Writing and Quiz competition and winners were awarded with prizes.



November 18



Proud Moments

To mark the arrival of Padamshree Dr. Punam Suri Hon'ble President DAV CMC New Delhi, in the precincts of HMV, a grand gala evening, Jashan-e- Amad was organized in the college on Nov 18,2017.



History was created at HMV when the postal stamp bearing the image of Padamshree Dr. Punam Suri, Hon'ble President of DAV CMC, Delhi was released by the Indian Postal System, Ministry of Communication, Govt. of India on Nov. 18, 2016. An envelope with the history of the institution & the picture of the college printed on it was also released by Ms. Meenakshi Yadav and Mr. Mohammad Hanif the Chief of the Post offices.

The unique new Mahatma Anand Swami Block for Performing Arts was inaugurated by Padamshree Dr. Punam Suri, the Hon'ble President of the DAV CMC on Nov 18, 2016 in HMV. The block hosts a professional recording studio for recording of musical programmes.



November 21

Bhajan Sandhya

The 131st Annual Function of Arya Samaj Bikrampur (Qila), Mai Hiran Gate, Jalandhar was organized with full enthusiasm. Acharya Shri Raju Vigyanik Ji presented Mahopadesh and Evening Pravachan and Bhajan Sandhya were held.

November 22

HMV Collegiate School won various prizes in KMV Spark

Pavitra, Divya, Supriya and Sandeep won various prizes in KMV Spark organized by KMV Collegiate Sr. Sec. School. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the Incharge of HMV Collegiate School Mrs. Sunita Dhawan and Quiz Incharge Mrs. Binoo Gupta. The winning students were honoured with trophies and certificates.

November 23

An evening with the self

In concord with the view that awareness of spiritual self leads to aliveness and inter connectedness a 'Ved Katha Utsav' was organized at Hans Raj Mahila Maha Vidyalaya. Acharya Sh. Raju Vigyanik Ji, a spiritual orator and Sh. Irwin Khanna, Chief Editor of Uttam Hindu graced the occasion as main guests. Setting the aura, the evening began with the recital of hymns. Acharya Sh. Raju Vigyanik led the audience into the spiritual sea with his words that every moment of life poses a test to humans and an enlightened soul wins over this struggle for existence. A person who walks on the right path always feeling the omni divine presence and listens to the inner voice is an epitome of a content human being. The focus of life should be to rise in one's own eyes which is the real purpose.

November 24

HMV Collegiate School won several prizes in BDA Fest

The students of HMV Collegiate Sr. Sec. School won several prizes in BDA Fest organized by BD Arya Girls College, Jalandhar Cantt. Simran won first prize in Poster making, Gunleen and Jasleen won first prize in E-Card making, Divya, Pavitra and Sandeep won first prize in Quiz, Manpreet and Supriya won third prize in Rangoli and Surbhi got third prize in Elocution. The winning students were awarded with certificates.

November 24

Dr. Prem Sagar, HoD Music Vocal participated in Shabad Gayan in Nirdharit Ragas of Sri Guru Granth Sahib Ji at aduti Gurmat Sangeet Sammelan, Jawadi Kalan Taksal Ludhiana

November 25

Saloni Sharma presented a paper on Modification in Electrical, Optical and Structural properties of Polyaniline PVC Composite thin Films in two days National Conference on Research Trends in Physics and Electronics NPE-2016 org by SGGGS Khalsa College Mahilpur on 25-26 Nov.

November 27

Mrs. Anu Bala, Ms. Pooja, Department of Music Recited Indain Classical vocal at Ruhaniyat in Mumbai

November 25

HMV Collegiate School won several prizes in Impulse

The students of HMV Collegiate Sr. Sec. School participated in Impulse 2016, an inter college competition organized by St. Soldier College and the choreography team won third prize.

November 26

Lending a helping hand NSS Volunteers visited Apahaj Ashram



The NSS volunteers distributed things of daily use in Apahaj Ashram under the guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. NSS Programme Officer Mrs. Kuljeet Kaur and Mrs. Veena Arora along with NSS volunteers distributed wheat, cereals, rice, soap, clothes in Apahaj Ashram.

Mrs. Anu Bala and Ms. Pooja, Department of Music, performed in Shabad Gayan at Har Jas Gurmat Sangeet Sultanpur.

November 28

Declamation competition

Under the canopy of Vigilance awareness and in Collaboration with Punjab National Bank, the college organized a declamation competition to promote honesty and participation of people in eradication of corruption.

November 29

Winners All the Way HMV won GNDU Basketball Runners up trophy

The Basketball team participated in GNDU Basketball Inter College Championship held at GNDU Amritsar and got runners up position. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the team members and Head of Physical Education department Mrs. Sudarshan Kang. She told that team members were Km. Gauri, Km. Pooja Bhatti, Km. Arashdeep., Km. Gunjan Verma and Km. Sonam Kumari. They also participated in North Zone Inter University championship held at Murthal, Rajasthan and got runners up position. HOD Mrs. Sudarshan Kang told that these students will also be participating in All India Inter University Basketball Championship which will be held at Bhuwaneshwar, Orissa

The glittering December

I heard a bird sing,
In the dark of December
A magical thing,
And sweet to remember
- Oliver Herford



December 2



AIDS Awareness Campaign

Zoology Department organized an AIDS Awareness Campaign on World AIDS Day. Science students presented posters and wrote slogans to bring awareness against deadly disease. A video film was shown regarding HIV virus and life cycle in humans. Miss Jashan and Ms. Kirti presented informative power point presentation on spread and preventive measures of AIDS. Speaking on the occasion, Principal Dr. Ajay Sareen stressed upon the need to create awareness regarding AIDS and motivated the students to follow healthy practices in life.

International Day of persons with Disabilities celebrated

Hans Raj Mahila Maha Vidyalaya celebrated International Day of persons with Disabilities by organizing two days workshop on Accessible e-pub training for the visually impaired and partially sighted persons. The objective of the workshop was to provide skills and knowledge of creating e-books in EPUB 3 format so that they are usable by even persons with disabilities. The training was organized by Drishti Cell for physically challenged persons in collaboration with Saksham Punjab. Principal Dr. Mrs. Ajay Sareen welcomed the resource person Mr. Prashant Ranjan Verma, General Secretary, National Association for the Blind, Delhi and Mr. Amit Verma, an entrepreneur, running a design and development house 'spiritnoise' at Delhi.

December 6

Industrial Visit to Ludhiana Stock & Capital Ltd.

PG Department of Commerce and Management organized an Industrial Visit to Ludhiana Stock and Capital Ltd., Ludhiana for the students of B.Voc. Banking and Financial Services. The visit was organized with a view to impart practical knowledge to the students of various operations of stock market. Mr. Atul Chikersal, Executive Ludhiana Stock and Capital Ltd. Explained various stock market operations, scams of stock market and precautions to be taken while investing in stock market. Ms. Silvi Malhotra, Officer, Ludhiana Stock and Capital Ltd. Gave practical insights into trading operations of the market by taking line examples from the stock market. The visit was a rich learning experience for the students. Students of Music Department won third position in Group shabad at Gobind Sarwar Sr. Sec. School Bulandpuri

December 8

HMV won Senior State Basketball Championship

The Basketball team of Hans Raj Mahila Maha Vidyalaya represented Jalandhar District Basketball team in Senior State Basketball Championship held at Ludhiana. The team won the Championship by defeating Ludhiana District in Final match with the score 48/46. The members of the team were Gauri, Pooj, Radhika, Gunjan, Sonam, Gurpreet, Preeti, Muskan, Aarti, Harpreet & Manpreet.

December 3

Dr. Prem Sagar, HoD Music Vocal gave aradio talk on Career as a music teacher at FM Radio Mantra

December 9

Mrs. Anu Bala, Ms. Pooja Department of Music participated in shabad gayan at International Gurmat Sangeet Kirtan Darbar Chandigarh

December 13

Prabhleen Kaur a student of BA Final year brought laurels by winning second prize in poetical recitation in Ten day Youth Leadership training Camp Mandi under the banner of NSS.

SUO Priya and UO Mandeep attended mountaineering expedition at Darjeeling from 20 Dec – 2 Jan 2017. Priya won first position in cooking and Mandeep got second prize in Obstacle race.

December 19

Mrs Urvashi Mishra, Assistant Professor Computer Science presented a paper in a Seminar on 'Winnability Factors in Punjab Elections' at St. Soldier Law College, Jalandhar.

December 9

The Noble Cause



A studio for talking books was established in the Drishti Technology Centre of Hans Raj Mahila Maha Vidyalaya. The studio was funded and inaugurated by Mr. Arvind Chopra (Director Hind Samachar Group of Newspapers) and Mrs. Seema Chopra, under the Ramesh Chander Memorial Trust. Mr. Arvind Chopra and Mrs. Seema Chopra appreciated the efforts being done by the college towards the differently abled persons. They said talking books, enable the visually impaired to keep pace with the outside world.

December 16

Inauguration of Newly built room for Internal Quality Assurance Cell



The newly built room of Internal Quality Assurance Cell was inaugurated by Mayor Sh. Sunil Jyoti. IQAC works on the quality of innovation, research co-curricular activities, community services, academics and teaching-learning area of the college. This room has been specifically made for IQAC meetings &

deliberations. Mayor Sh. Sunil Jyoti appreciated the efforts of the college in Quality Assurance and congratulated the college authorities. This college is the first college in India accredited by NAAC owing to its quality assurance activities.

December 18

Annual Awards Day



Annual Awards Day was organized in Hans Raj Mahila Maha Vidyalaya on 18th December, 2016. The prize winners were duly honoured for their achievements by esteemed Er. Shwait Malik, Member of Parliament (Rajya Sabha), New Delhi and Sh. Bal Krishan Mittal, Secretary, DAVCMC New Delhi. 105 students were given Gold Medals, 48 awarded Silver Medals and 37 students were given Bronze Medals. A total of 583 prizes were given to students for their achievements.

Chief Guest Er. Shwait Malik felicitated the institution for shouldering the responsibility of spreading education in the right direction. He emphasized that it is our moral duty to realize the futuristic dreams of our revered Prime Minister Sh. Narendra Modi. Dream of self-sufficiency can be fulfilled through skill-development projects for the common man. He ended his speech on a positive note of women empowerment. He announced a grant of Rs.5.00 lacs for skill development projects.



December 19



Under the supervision of Principal Dr. (Mrs.) Ajay Sareen, NSS department of Hans Raj Mahila Maha Vidyalaya organized a 7-day NSS Camp. The main objective of NSS is to enable the students to upgrade their personality and experience through community service. Volunteers undertook village Gakhall under Swachh Bharat Abhiyan.

December 21

Social activities by NSS Volunteers of HMV

On the second day of the NSS camp cleaned the school playgrounds, painted the trees and wrote inspiring slogans. Dr. Ekta Khosla, Associate Prof. in Chemistry delivered lecture on adulteration in food items. Mr. Kulwinder Singh Gakhall, a reputed personality delivered a motivational lecture and imparted knowledge regarding various competitive exams after graduation and postgraduation. Miss Ramanpreet Kaur, a renowned media personality as well as a social activist delivered a lecture on the topic 'Role of Youth in Healthy Society'.

December 22

Medical Camp

In order to arouse the social consciousness of students and provide them with the opportunity to work creatively and constructively, the NSS unit organized a medical check up camp at Village Gakhall. During the medical camp, the Incharge of Youth Red Cross Department of HMV Dr. Aarti Sharma diagnosed the medical problems of women and suggested medicines to them.



December 23

On the sixth day of this camp, the faculty members of Fine Arts, Fashion Designing and Home Science imparted knowledge among the students regarding skill oriented courses and their scope in future. The students were taught to make decorative things from the waste products.

December 23

Mrs. Rama Sharma attended a refresher course in Research Methodology in Social Sciences at UGC, HRDC, Guru Nanak Dev University Amritsar from December 23, 2016 to January 12, 2017.



Km. Manpreet Kaur represented Punjab Weight Lifting team in Senior National Weight Lifting Championship held at Nagarcoil, Tamilnadu from 26th to 30th Dec., 2016 and won Bronze Medal.

December 25

Christmas celebrations in the hostel



December 29

NRI alumnae Dr. Vishakha Chopra Sabharwal (MD Pediatrics and Assistant Professor Boston University) visited her Alma-mater after 27 years. She has been honoured by American Government with Awards of excellence twice.

